

Toileting and Potty-Training Policy

Intimate care is an important and necessary part of the care I provide. This may include nappy changing, supporting children with toileting, changing clothes, providing first aid, and offering appropriate physical comfort and reassurance.

I provide a safe, respectful, and hygienic environment where children are treated with dignity and their privacy is respected.

Nappy changing and toileting

I will:

- Ensure that all necessary supplies are available before beginning nappy changing or toileting.
- Follow appropriate hygiene procedures, including washing my hands before and after intimate care and using gloves where appropriate.
- Explain to the child what I am doing in a way that is appropriate to their age and understanding.
- Communicate with babies and young children throughout the process and respond to their cues and needs.
- Ensure the child is safe and secure throughout nappy changing and toileting.
- Clean the child gently and appropriately and use any agreed creams or ointments in accordance with parental consent and my medication procedures.
- Encourage children to develop independence with toileting and dressing when they are ready.
- Respect the child's privacy and dignity throughout intimate care.

Potty training

Potty training will be approached in partnership with parents and based on the individual child's readiness and development.

I will communicate with parents about the child's progress; routines and any approaches being used at home so that the child receives consistent support.

I will never pressure, shame or punish a child for accidents or difficulties with toileting. I will provide encouragement, reassurance, and positive support.

Children will be given appropriate opportunities to develop independence with toileting at their own pace.

Privacy, dignity, and comfort

I will maintain the child's privacy and dignity while providing intimate care, while also ensuring appropriate safeguarding and supervision.

I will use positive and reassuring language and respect the child's individual preferences, cultural practices, and needs.

I will provide appropriate physical comfort and reassurance when a child seeks or needs comfort, while maintaining professional boundaries and safeguarding children at all times.

Record keeping and concerns

I will record and report any significant concerns relating to a child's toileting, personal care, health, or wellbeing and will share relevant information with parents.

I will regularly review my risk assessments and hygiene arrangements for intimate care.

Any creams, ointments or medication requiring parental consent will be managed in accordance with my Medication Policy.

If parents or carers have any concerns about toileting or intimate care, I encourage them to discuss these with me.

This policy should be read alongside my Safeguarding Children & Child Protection Policy, Health and Safety Policy and Medication Policy.

I will regularly review this policy to ensure it remains appropriate and reflects current EYFS requirements and guidance.