

Illness and Infectious Diseases Policy

This policy applies to all children in my care.

I aim to keep all children safe and well and reduce the risk of infection. I follow EYFS requirements and UKHSA guidance.

If a child is unwell while in my care I will:

- Comfort and monitor them closely
- Keep them away from other children if possible and if needed
- Contact parents/carers for collection if they are too unwell to stay
- Seek medical advice if I am concerned
- Follow UKHSA guidance on infectious diseases

For babies and young children, I will closely monitor changes in behaviour, feeding, sleep, temperature, and general wellbeing.

A temperature of 38°C or above will be treated as a high temperature and parents will be contacted.

Exclusion from the setting

Children should not attend if they are too unwell to take part in our normal activities or need more care than I can safely provide whilst caring for other children.

I follow UKHSA exclusion guidance for infectious diseases. **For example, children with vomiting or diarrhoea must stay away until 48 hours after the last episode.**

Medication

Medication will only be given with parent/carer consent and any medication given will be recorded and parents informed.

Infectious diseases

I follow UKHSA guidance for infectious diseases and will:

- Inform parents if there is a relevant infection in the setting
- Seek advice from health protection teams if needed
- Notify Ofsted where required

Hygiene and infection control

To reduce the spread of infection I will:

- Wash hands regularly and support children to do the same
- Use tissues for coughs and sneezes and dispose of them safely
- Clean and disinfect toys, surfaces, and equipment regularly
- Use gloves and aprons when dealing with bodily fluids
- Ensure good ventilation and food hygiene
- Support children's handwashing and hygiene routines

Hand sanitiser may be used when needed but does not replace handwashing.

Pets

Children wash hands after contact with any animals.